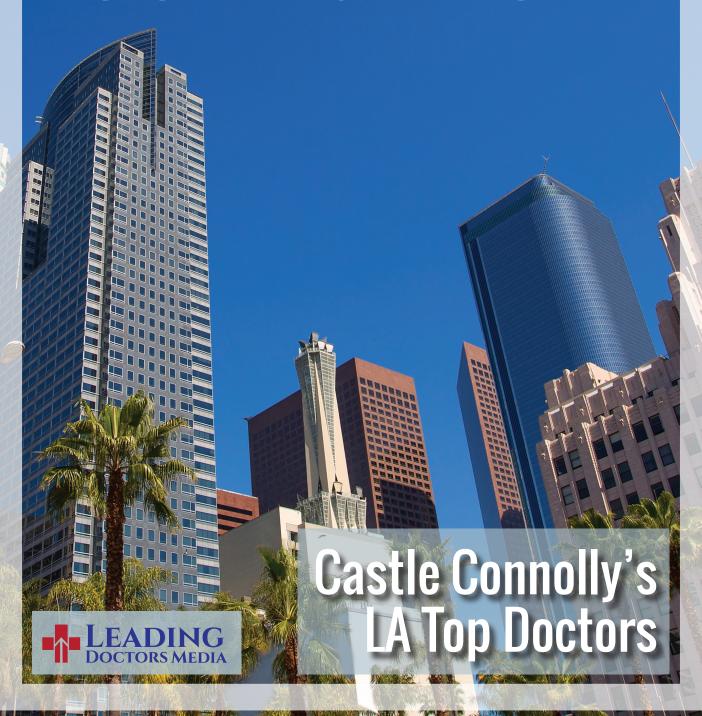
TOP DOCTORS OF LOS ANGELES 2018





PRESENT

TOP DOCTORS OF LOS ANGELES

Castle Connolly Medical Ltd. is pleased to partner with Leading Doctor's Media to present Top Doctors of Los Angeles, a special insert in the Los Angeles Times with a selection of Castle Connolly Top Doctors in the Los Angeles Metro Area.

Castle Connolly Medical Ltd. is known for our selection process integrity. As the former President of New York Medical College and my partner, John K. Castle, the former Board Chair. We began surveying doctors in 1992, asking them who are the best doctors in their community and nation. Our mission was and is to help patients find the best healthcare.

As a result, we have identified over 52,000 Castle Connolly Top Doctors, nominated by their peers and carefully screened by our physician-led research team. Doctors do not and cannot pay to be selected as a Castle Connolly Top Doctor. However, doctors may pay to participate in this publication.

In fact, over 45 city and regional magazines have chosen Castle Connolly to provide the list of best doctors for their "Top Doctors" issue. Some of these magazines are New York, Boston, San Francisco, Philadelphia, Chicago and more. This reflects the trust the media, as well as doctors and hospitals, place in our brand. We hope you find this publication useful and informative.

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John J. Connolly, Ed.D President & CEO



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Dr. Todd H. Lanman

A Diplomate of the American Board of Neurological Surgery and a Fellow of the American College of Surgeons, renowned spine surgeon and total disc replacement innovator Dr. Todd H. Lanman of Lanman Spinal Neurosurgery, earned his M.D. at Chicago's Northwestern University in 1983 with top honors and went on to complete his residency in Neurological Surgery at University of California at Los Angeles, under Doctors W. Eugene Stern and Donald Becker in 1989. Since then, he has led his practice in the heart of Beverly Hills, affiliated with Cedars-Sinai Medical Center, UCLA Medical Center and Saint John's Medical Center.

He is often tapped to be the principal investigator on a wide swath of clinical trials for motion preserving surgeries, most recently two-level artificial cervical disc replacement surgery using the Prestige LP device. This breakthrough procedure recently gained FDA approval and was found to be statistically superior to fusion in results that were published in the 7-year peer-reviewed clinical paper published by Lanman.

Part of Dr. Lanman's constant advocacy stems from his own experiences as a patient. His unique insights helped him to develop a program called the "4D Health Process," which helps him guide patients to think about their health more comprehensively and holistically. The process incorporates different factors including one's age, daily lifestyle, nutrition, hormone status, physical exercise routine, and of course spine and joint health to paint a complete picture of one's health from a four-dimensional perspective.

This program relies on his meticulous analysis of each patient's current physical condition, their lifestyle, and treatment goals, using his decades of knowledge and expertise to shift the emphasis for how we view healthy living, aging and the treatment of spinal disorders. His unique medical treatment approach helps him map out an entire preventative and forward-thinking strategy to help his patients to live active, healthy lives, with the full natural movement of the spine. His stated goal is to help patients be greater than "better."

In addition to serving patients throughout the Southern California region, many of his patients also travel thousands of miles to see him. He has also become the go-to spine surgeon for many of Hollywood's most distinguished names and business leaders.

As an expert medical contributor, Dr. Lanman frequently shares his expertise with consumers in media outlets ranging from Men's Health to Becker's Spine Review and on television, most recently appearing with patients on CBS' The Doctors and on ABC News in Los Angeles.

As a medical educator, Dr. Lanman has published a dozen peerreviewed articles, as well as authored book chapters on topics relating to neurological surgery, and has presented dozens of papers at national and regional medical society meetings.



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THOMAS W. LAGRELIUS, MD, FAAFP

Board Certified in Family Practice and Geriatric Medicine. Dr. Lagrelius has been a Castle Connolly Doctor for 18 years.

NICOLE Z. LAWRENCE, MD

Board Certified in Internal Medicine and Board Certified in Geriatric Medicine

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Melvin Snyder, MD, FACS Neurosurgery

Dr. Melvin Snyder provides state-ofthe-art care in neurosurgery, handling

issues such as intracranial hemorrhages, brain tumors, pituitary tumors, and hydrocephalus. He has extensive experience in cervical and lumbar surgery, including minimally invasive surgery, and is known for his carefully thought-out, comprehensive care.

A graduate of the Massachusetts Institute of Technology and Tufts University School of Medicine, Dr. Snyder completed his neurosurgical residency at University of California, Los Angeles, and is board certified in Neurological Surgery. He has since been listed to the Castle Connolly Top Doctors list every year since 2005. He is also a Fellow of the American College of Surgeons and a member of the Congress of Neurological Surgeons and the American and California Associations of Neurosurgical Surgeons.

Melvin Snyder, MD, FACS

The Institute of Brain and Spine Surgery 3400 Lomita Blvd, #104, Torrance, CA 90505 PH: 310.540.0965 | tibss.org



Ava Shamban, MD Medical & Cosmetic Dermatology

Dr. Ava Shamban is a renowned board-certified dermatologist and widely recognized as the 'red carpet dermatologist.'

Since receiving her TV start on the ABC hit show, Extreme Makeover, Dr. Shamban has become a regular beauty expert on the Emmy winning daytime talk show, The Doctors, Steve Harvey Show and Extra, as well as being THE go-to source for top online and beauty websites. In addition to being the author of the book, Heal Your Skin, Dr. Shamban is also a writer and producer of her online series, "Dr. Ava Says," and is in the midst of producing her own podcast of the same name. A researcher, scientist and lecturer, Dr. Shamban is a sought-after key opinion leader in the field of dermatology and skin care. Licensed to practice in California, New York, Illinois, Colorado & Hawaii, Dr. Shamban currently runs her medical practices, AvaMD, in Beverly Hills & Santa Monica, Calif as well as her new skin concept, SKINxFIVE in the Pacific Palisades, with plans to expand nationally.

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H. Lee Kagan, MD

Dr. H. Lee Kagan has been practicing internal medicine in California for more than 30 years. He has been recognized as

a top primary care physician by Town and Country Magazine and The Hollywood Reporter. He was named a Distinguished Teacher and Role Model by the Keck School of Medicine of the University of Southern California, where he has been Associate Clinical Professor of Medicine since 1981. Dr. Kagan is a contributing writer for Discover Magazine. His work has also appeared in the New York Times Magazine and elsewhere. Since 2005 he has participated annually in global healthcare in New Orleans, Haiti and the Dominican Republic. He has been awarded Top Doctor honors in Southern California in 2012 and Top Doctor Los Angeles since 2001. To learn more about Dr. Kagan's practice, please visit his website at MDVIP.com/LeeKaganMD.

H. Lee Kagan, MD

Internal Medicine 13320 Riverside Drive Suite 100 Sherman Oaks, CA 91423 MDVIP.com/LeeKaganMD



Mark K. Urman, MD, FACC. FASE. FAHA

Cardiovascular Diseases, Consultative Cardiology & Concierge Medicine

Dr. Mark Urman is a board-certified cardiologist at the world-renowned Cedars-Sinai Heart Institute where he also is a former Clinical Chief of the Cardiology Division and former Medical Director of the Consultative and Preventive Heart Center. He has been widely recognized by his peers as one of the premier heart specialists in Los Angeles, having been acknowledged and awarded numerous accolades. He is dedicated to diagnosing, treating, managing and preventing diseases, conditions and disorders of the heart and cardiovascular system. He is well-recognized for his expertise in clinical, non-invasive and consultative cardiology, coronary artery disease, congestive heart failure, echocardiography and preventive cardiology.

He has traveled internationally to consult on patients and has patients who come from all over the world to seek his care.

Mark K. Urman, MD, FACC, FASE, FAHA,
Clinical Professor of Medicine, Cedars-Sinai Heart
Institute and David Geffen School of Medicine at UCLA.

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Peter Galier, MD **Adult Internal Medicine**

Dr. Peter Galier specializes in adult internal medicine. He currently serves

as Vice Chief of Staff and Chair of Medicine at the UCLA-Santa Monica Medical Center. He holds medical staff appointments at Ronald Regan-UCLA Medical Center, UCLA-Santa Monica Medical Center, and St. Johns Medical Center. After having been on faculty as a Clinical Professor, Dr. Galier left UCLA after 20 years to enter private practice. He is Co-Founder of Premier Health Partners of Santa Monica. He is frequently sought for medical commentary by various media sources, and is recognized in various publications and patient review sites as a top rated physician. He maintains certification in internal medicine.

Peter Galier, MD 1260 15th St. #1415 Santa Monica, CA 90404 drgalier@phpsm.org | PH: 310.395.7471



Malena Law, MD **Internal Medicine**

Dr. Malena Law has been in practice in Santa Monica, California for over 15

years. She was an Assistant Clinical Professor at the David Geffen School of Medicine at UCLA until October 2015, educating medical students and Internal Medicine residents. She left UCLA to open a private practice in Santa Monica. Her passion for promoting health and wellness while providing compassionate and thorough care has earned her the devotion of beloved patients. Dr. Law has received 5-Star ratings with the most respected patient satisfaction sites. She was awarded Top Doctor honors in 2015 as a Top Internist in Santa Monica, California and in 2017, Top Doctor in Santa Monica, California. She also was honored with the Top Doctors award for Exceptional Women in Medicine in 2017.

Malena SC Law, MD FACP

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Mark Kan, MD, FACOG

OB/GYN, Reproductive **Endocrinology, Infertility**

Dr. Mark Kan is the Medical Director at the CCRM Orange County Fertility

Center located at 3501 Jamboree Road in Newport Beach, California. He has over 20 years of experience in the field of fertility. Dr. Kan trained at the prestigious Cornell University IVF program and was the Director of IVF at the University of Washington. Dr. Kan has consistently earned the highest ratings for patient reviews because of his caring and successful treatments. As an Orange County IVF doctor, Dr. Kan is Board Certified in both OB/GYN and Reproductive Endocrinology and Infertility, representing the highest level of training and certification for a fertility specialist.

Mark Kan, MD, FACOG

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Alen N. Cohen, MD, FACS, FARS

Otolaryngology (ENT), Head & Neck Surgery, Facial Plastic Surgery

Dr. Cohen in a board-certified ENT/ Head and Neck Surgeon who is Chief of

Surgery at West Hills Hospital and an assistant clinical professor of surgery at UCLA. He is also the CEO and Founder of the prestigious Southern California Sinus Institute as well as C/V ENT Surgical Group, with offices in both Encino and West Hills. Dr. Cohen is among a select group of physicians who focus on the medical and surgical management of nasal and sinus disorders and are known as "rhinologists". As such his expertise lies in procedures like the revolutionary in-office Balloon Sinuplasty procedure, in-office turbinate reduction, outpatient deviated septum and nasal fracture repair or minimally invasive imageguided endoscopic sinus surgery.

Alen N. Cohen, MD, FACS, FARS

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Bernard L. Markowitz, MD, FACS

Dr. Markowitz is a Board
Certified Plastic Surgeon renowned for his medical artistry and keen aesthetic sense. Using leading edge and diverse surgical techniques, derived from 30 years of experience in aesthetic and complex reconstructive surgery, he is known to achieve results which are natural and long lasting, accentuating each patient's beauty. Dr. Markowitz is a Clinical Professor of Surgery at UCLA and remains active educating residents. He is acknowledged by his peers in The Top, Best, and Super Doctor listings. His practice is focused on aesthetic surgery of the face, eyes, nose, and body.

Bernard L. Markowitz, MD, FACS

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Robert Klapper, MD Orthopedic Surgeon

Dr. Klapper likes to tell his patients: "My father was a carpenter and my mother was a nurse, so I was destined

to become an orthopedic surgeon. The most important thing my father taught me was 'Measure twice, cut once.' It comes in handy every day I'm in the operating room."

This fits comfortably with Dr. Klapper's education, medical training and bold, visionary research that led to patents on instruments used to do complicated surgery. He is currently Co-Director of the Joint Replacement Institute at Cedars-Sinai Medical Center in Los Angeles. He has art history degree from Columbia College, a medical degree from Columbia University's College of Physicians and Surgeons, an internship at Cedars-Sinai Medical Center, and a residency at the Hospital for Special Surgery in New York, followed by a fellowship in arthritis and implant surgery at the Kerlan-Jobe Clinic in Los Angeles. He is the host of ESPN radio's "Weekend Warrior," and the sports medicine expert on Fox Sport 1 TV.

Robert Klapper, MD

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Jeffrey C. Wang, MD

Cervical Spine Surgery, Minimally Invasive Spine Surgery & Spinal Arthroplasty

Jeffrey C. Wang, MD, is Professor of
Orthopaedic Surgery and Neurosurgery
at the Keck School of Medicine of USC, Chief of Orthopaedic
Spine Service at the Keck Medicine of USC, and Co-Director of
the USC Spine Center with expertise in the surgical treatment
of all neck and back disorders. As a world-renowned leader
in spine care, Dr. Wang is continuously writing and presenting
professional articles, publications, and speaking engagements
to national and international audiences. Dr. Wang's reputation
for consistently providing excellent patient care, outstanding
qualifications and experience has earned him immense respect
from patients and physicians alike. He is currently the President
of the Cervical Spine Research Society, and the President-Elect
of the North American Spine Society.

Jeffrey C. Wang, MD

Beverly Hills - Orthopaedics 9033 Wilshire Boulevard, Suite 400 Beverly Hills, CA 90211



Bharat N. Nathwani MD

Lymphoma Pathology, Hematopathology & Pathology

Bharat N. Nathwani was appointed as a Professor of Pathology with tenure and Chief of Hematopathology at USC, Keck School of Medicine in LA in 1984, and retired after 25 years. He now serves as a Director of Pathology Consultation Services and Professor of Pathology at the City of Hope Medical Center.

As a Principal Investigator, he obtained Grant funding for research and has 45 years of experience in Lymphoma Pathology. Dr. Nathwani has given numerous lectures, seminars, courses & workshops worldwide on lymphoid diseases.

Dr. Nathwani received the: Distinguished Service Award from the American Society of Clinical Pathologists, the Most Distinguished Physician Award from the American Association of Physicians of Indian Origin, and listed in America's Top Doctors, "The Best Doctors in America." As well as the Best Clinical Teacher award from City of Hope in 2017 from Fellows and the Albert Nelson Marquis Lifetime Achievement Award in 2018.

Bharat Nathwani, MD

Department of Pathology 1500 East Duarte Road. Northwest Bldg., 2nd Fl. Rm 2202, Duarte CA, 91010



Michael Javaheri, MD, M.Sc.

Vitreoretinal Diseases and Surgery

Dr. Javaheri is a board-certified ophthalmologist with sub-specialty

training in vitreoretinal diseases and surgery. He has a reputation as an astute clinician and an excellent surgeon. His practice focuses on the most complex vitreoretinal disorders. His broad knowledge base comes from residency and fellowship at the prestigious Doheny Eye Institute and USC Roski Eye Institute consistently ranked in the top 10 eye centers in the country by US News and World Report* for over 20 years. As a fellow, he was awarded the prestigious Heed Ophthalmic Fellowship, a national award given each year to the most promising graduating ophthalmologists. He serves as a Clinical Associate Professor of Ophthalmology at USC educating residents and has been consistently recognized as a Super Doctors Rising Star by his peers.

Michael Javaheri, MD, M.Sc.

9735 Wilshire Blvd , Suite 219 Beverly Hills, CA 90210 PH: 310.858.6569



Rosalyn Morrell, MD Radiation Oncology

Dr. Rosalyn Morrell is a board-certified Radiation Oncologist. She received her

radiation oncology training at the University of Arizona and completed her fellowship at the Mayo Clinic. She has extensive experience treating all types of cancer including, breast, gynecologic, prostate, lung, and head and neck cancers. Dr. Morrell has extensive expertise in intensity modulated radiation therapy, volumetric modulated arc therapy, 3-D conformal radiation, image-guided radiation, and HDR brachytherapy for breast and gynecological cancer as well as stereotactic body radiation therapy and stereotactic radiosurgery.

Dr. Morrell is published in numerous peer journals, including the Journal of Clinical Oncology, Oncology Times, Practical Radiation Oncology and Mayo Clinic Proceedings and is a frequent lecturer focusing on a wide variety of cancers.

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Mark E. Linskey, MD **Neurological Surgery**

Dr. Linskey is an experienced national neurosurgery organizer and leader with focus on evidence-based medicine clinical practice

guideline development as well as socio-economic, health policy and regulatory issues as they relate to neurosurgery.

He is a Clinician Scientist and Educator with focus on Surgical Neuro-Oncology, Skull base microsurgery, Endoscopic minimally invasive surgery, Image-guided surgery, Gamma Knife Stereotactic Radiosurgery, Stereotactic tumor surgery and cranial nerve disorder surgery (Trigeminal Neuralgia, Hemifacial Spasm, Glossopharyngeal Neuralgia).

Dr. Linskey is also skilled in training medical students and residents as well as establishing and leading ACGME-accredited neurosurgery residency training programs. Clinical and basic science laboratory research interests focused on glioma biology with translational emphasis.

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Robin T.W. Yuan, M.D.

Plastic Surgery

Dr. Robin T. W. Yuan, Harvard College '74/'75, Harvard Medical School '78, is a

board-certified Beverly Hills plastic surgeon in private practice since 1987. He blends aesthetic sensitivities with reconstructive principles to achieve customized and natural solutions in facial rejuvenation, breast surgery, and body contouring. Dr. Yuan offers personalized quality care in a relaxed setting.

He is an assistant clinical professor at UCLA, founder of F.I.R.S.T. charity providing reconstructive surgery in underserved countries, and author of Behind the Mask, Beneath the Glitter: The Deeper Truths About Safe, Smart Cosmetic Surgery. Dr. Robin T. W. Yuan has been named a peer-nominated SuperDoctor 10 times since 2007 and was featured as one of the original plastic surgeons on ABC's Extreme Makeover.



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TOP DOCTORS OF LOS ANGELES 2018

Our Top Doctors are among a select group in Los Angeles. Finding the right doctor for any health issue is a difficult but crucial decision. We invite you to use this publication as a resource to help eliminate the guesswork of selecting medical expertise. Only the doctors listed below are Castle Connolly Top Doctors. These physicians offer health services in numerous specialties and are ready to help, no matter how complex the circumstance may be. To learn more about Los Angeles Top Doctors, please visit www.leadingdoctorsmedia.com or to see the complete list of Castle Connolly Top Doctors please visit www.castleconnolly.com. For more information on this section please send an email to Kevin@topdoctors.com.

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Peter Galier. MD

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Ophthalmology

H. Lee Kagan, MD

Internal Medicine

Mark Kan, M.D., FACOG

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Robert Klapper MD

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Thomas W. Lagrelius, MD, FAAFP

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Neurological Surgery

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Neurological Surgery

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TOP DOCTORS

2018

William R Rassman, MD

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William Rassman, M.D.



NHI, The Pioneers in FUE

Prior to 1992 when Dr. William Rassman entered the field of hair transplantation, everyone could spot a patient who had a hair transplant. There was a 'classic' look that was not normal. Hair transplants were performed with pencil size grafts and they grew like pencils growing out of the head.

Then Dr. Rassman founded the New Hair Institute (NHI) and changed the field by developing large sessions of small grafts. Rather than have between 4-8 hair transplant surgeries as was the then out-dated standard, Dr. Rassman's large sessions reduced the number of hair transplants to just one or two. For the first time, a person who had a hair transplant surgey could not be differentiated from a normal person who never lost his or her hair. This was a new hair transplant standard for doctors and for what any reasonable person would want, nothing less.

He published his now classic medical journal article on FUE in 2002 and within a week, doctors from around the world tried to replicate it.

The FUE was based upon the direct removal of individual hair groups from the back of the head as they naturally grew without using a scalpel.

The FUE procedure he pioneered was a tedious surgery, so Drs. Rassman and Pak innovated better instrumentation including a robotic approach to the FUE which they patented.

When the original article was first published, Dr. Rassman called it a 'minimally invasive hair transplant surgery' as it eliminated the scalpel and the linear scar from traditional hair transplants that was hated by so many men.

The FUE had an added benefit as patients reported almost no pain after the procedure was done. People who would never have considered having a hair transplant, started demanding FUE as they now saw the FUE as a solution to their balding problem that was a reasonable option.

Today there is an FUE industry of well over \$3 Billion dollars, reflecting more than half of all hair transplant surgeries done world-wide.

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info@newhair.com



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